

Resources

Children's Books

Growth Mindset

Bubble Gum Brain: Ready, Get Mindset... Grow!- Julia Cook
Your Fantastic Elastic Brain: Stretch It, Shape It- JoAnne Deak
The Girl Who Never Made Mistakes- Mark Pett & Gary Rubinstein
The Dot- Peter H. Reynolds
Giraffes Can't Dance- Giles Andreae and Guy Parker
Beautiful Oops- Barney Saltzberg
Too Perfect- Trudy Ludwig

Developmental Milestones

A House For Hermit Crab- Eric Carle
The Kissing Hand- Audrey Penn
The Way I Feel- Janan Cain
What to Do When You Worry Too Much- Dawn Huebner and Bonnie Matthews

Social Awareness

Each Kindness- Jacqueline Woodson
We're All Wonders- R. J. Palacio
I Am Human: A book of empathy- Susan Verde
The Sandwich Swap- Queen Rania Alabdullah
Have You Filled A Bucket Today? A Guide to Daily Happiness For Kids- Carol McCloud
How To Lose All Your Friends- Nancy Carlson
Can I Play Too?- Mo Willems
Just My Friend and Me- Mercer Mayer
Recess Queen- Alexis O'Neill & Laura Huliska-Beith
Cliques Just Don't Make Cents- Julia Cook
Weird! Series- Erin Frankel
The Invisible Boy- Trudy Ludwig
You, Me, and Empathy- Jayneen Sanders
Those Shoes- Maribeth Boelts
Stand in My Shoes- Sornson

Parent Books

Growth Mindset

Grit: The Power of Passion and Perseverance- Angela Duckworth
Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids- Mary Cay Ricci

How to Be an Imperfectionist: The New Way to Self-Acceptance, Fearless Living, and Freedom from Perfectionism- Stephen Guise

Development Milestones

How to Talk So Kids Will Listen & Listen So Kids Will Talk- Adele Faber and Elaine Mazlish
Unselfie- Michelle Borba

Social Awareness: Empathy

Queen Bee's and Wannabees- Rosalind Wiseman

Odd Girl Out- Rachel Simmons

The Blessing of a Skinned Knee: Using Timeless Teachings to Raise Self-Reliant Children-
Wendy Mogel

Empathy: Why it Matters, and How to Get it- Roman Krznaric

How to Start an Empathy Revolution: Ted Talk on Youtube titled "How to start an empathy revolution: Roman Krznaric at TEDxAthens 2013"

Link: <https://www.youtube.com/watch?v=RT5X6NIJR88>

One Inch Tall: video on Youtube titled "One Inch Tall"

Link: <https://www.youtube.com/watch?v=cm3TI--q2lc>

Brene Brown on Empathy: video on Youtube titled "Brene Brown on Empathy"

Link: <https://www.youtube.com/watch?v=1Evwgu369Jw>

Sesame Street: Mark Ruffalo, Empathy: video on Youtube titled: "Sesame Street: Mark Ruffalo: Empathy"

Link: https://www.youtube.com/watch?v=9_1Rt1R4xbM